

The Asia-Pacific Field Study:

Higher Education Redefined through Immersive Learning

An Honors Thesis (HONR 499)

by

Jonathan Isbill

Toni Stoermann

Thesis Advisor

Dr. Jayanthi Kandiah

Ball State University

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Abstract

Programs for study abroad are well known for the expansion of horizons that lead students to uncharted waters, unexpected challenges, and life changing experiences. Public education seeks to promote the broadening of these horizons through immersive learning projects and field-studies designed to equip students with real-world experience for their personal and professional careers. By engaging with other cultures and communities, students grow in the highly acclaimed cultural competence needed for today's growing global markets and interconnected networks of global health. Perspectives and potentials are crafted and sculpted, refined, and redefined. The Asia Pacific Field Study accomplishes each of these prime missions with incredible success. Bridging the gap between classroom curriculum and being dropped in a foreign land, this field study has successfully led students to four countries for the last 16 years! It is clear that this program has touched many lives and its impacts have ignited much growth and future achievements in students' lives over its history. Having both been touched by the servant-leadership of Dr. Jay Kandiah and the life-changing experience of this field study, both Toni Stoermann and I present a brief showcase of the program to larger audiences by the construction of a website for visitors to learn more. Our hope is that future students will see this with a spark of inspiration, faculty will view with a perspective to build their own program of parallel excellence, and that public education interests see the value of this design of education and promote the worth it has provided students of Ball State University.

Acknowledgements

I would like to thank Dr. Jay Kandiah for providing the field study to students throughout the years, which has led to the current thesis project. Her leadership and innovative education model changes lives every single year. I am truly grateful for the opportunities that her program provides and her help in completing this project.

Thank you to my thesis collaborator, Toni Stoermann, for working with me on this project and for the constant encouragement and motivation to stay on task and complete this project effectively and efficiently by graduation!

Thank you to Dr. Barb Stedman for acting as mentor and guide for submission of this project.

Thank you to all the students who shared their many stories, memories, photos, and allows us to feature these on the website.

Lastly, I would like to thank the Ball State Rinker Center for International Programs and the Office of Study Abroad for their help in facilitating this program, consistently working with students to ensure proper documentation and understanding the often unknown steps to prepare for studying abroad.

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Process Analysis

As this is a creative project, there were many things learned along the way that are unseen to an audience of this thesis. The result of the process has produced the creative modern website that communicates the Asia Pacific Field Study. Each unique page of the website offers with it an incredible amount of background knowledge and research, technical devices, various strategies of design approach, as well as many hours and adjustments from beginning to end. Additionally, the journey of this thesis has lived more than two semesters, from an abstract thought and spark of an idea in Fall 2016 to the current life it now breathes in the year of 2018. Many steps have been taken; many leaps have been made. There is a phrase which states that even a journey of a thousand miles begins with the very first step. The very first step of this current thesis began when I decided to take the financial risk and investment into my future career by deciding to register for the Asia-Pacific Field Study in Summer 2016.

Having been in an airplane only once before, coupled with my lack of any previous out of the country or even out of the state experiences, it is safe to say I was taking a large leap of faith. The cost of the program may have seemed lofty for some, but truthfully, the itinerary would cost thousands more if pursued as an individual on my own. This was a once in a lifetime opportunity and I knew I couldn't pass it up. Little did I know how much it would speak into my life, blossom my inner confidence and competence of cultures and communities. The depth of cultural insight and experience gained cannot be articulated in any amount of words, but would be best suited for a digital portfolio to showcase its many diverse

and educational highlights. With that in mind, I will attempt to discuss the process of this thesis and the website my partner and I have created to share this trip with others, both local students and faculty, and international universities seeking to create similar programming. Though we have lived this experience hands-on, face to face, meeting people and places never before seen, we hope that the website showcases a digital portfolio to guide audiences through a glimpse of the Asia Pacific Field Study program. Likewise, I could never hope to bridge the gap between the experience itself and you, the reader, through the articulation of this thesis. Thus, the following information will provide background information that has led me to this point to see the proud work of art we have now completed as the website, giving you a glimpse behind the scenes, to see how all this has come to be.

First off, I began sparking contemplated thoughts and ideas for this collaborative thesis with a friend and fellow dietetics & honors college classmate, Toni Stoermann. She had decided to register for the field study the year after me, and we noticed a few differences in the itinerary based upon the unique pursuits and interests of the students attending. Once we talked about the distinctions of the trip and the excitement I had for her attendance alongside her ambition to take the same leap of faith I had, while being just as excited as I was, we knew we would be able to create something pretty amazing if we put our heads together! Having already walked through the experience myself while she was just preparing to leave, we decided that we would build upon previous stories and mesh the stories that would soon come. We saw this of a passion project of sorts, having a desire to give back to the college a small token of what we had received. To amplify the Honors

College, Study Abroad, Immersive Learning, and the College of Health, we sought to complete this project to publish and promote the untapped resources of education that are performed through this field study. Knowing how this trip changed my life and knowing how the experience would forever impact Toni's life, we passionately chased this thesis.

Seeking the quality mentorship and advising that we have grown to know by the Honors College, we received counsel from Dr. Barb Stedman from the very beginning to better understand what we may be able to provide as a grand masterpiece for our honors thesis. After much discussion and deliberation, the plan was set for the next semesters ahead of us, to compile and collect as much of our research from the students and our very own experiences that we could obtain.

When performing any area of research at a university, there is an explicit charge for the researchers to follow all IRB guidelines to be able to perform said research. Especially with human subjects, there are many things to submit and check off to make sure that projects are given approval and acceptance to be performed before any of the research itself can begin. If anyone knows even a little about performing official research and IRB guidelines, they know that there are many explicitly defined and distinct details of documentation needed as part of the submission of the project. The submission to the IRB accounts for all expected actions and plans for the research plans. We submitted documentation for our survey, written expectations for the process of writing and recording the information and stories collected from the students, along with a highly defined consent form. It is safe to say this step of the process proved to be a bit more

cumbersome than expected. We were hoping that the scope of our research would allow us to not need to go through an official IRB approval process, but it was highly suggested to us to submit to make sure. After meeting with the IRB representatives on campus, we were given the decree that we should submit an official proposal. Sadly, we knew this process would delay the actions of our research, as we would need to receive approval before we moved on. Our timeline had shifted, and we crossed our fingers with optimistic perspectives in hopes that our submission and feedback review process would be quick and easy. Though we knew the IRB process would Impede or at least delay our progress, we focused on the long-term goal, knowing that we would need to work extra hard down the road once we were given the opportunity to collect more information and student stories to incorporate into our project. Once the IRB project is reviewed and approved, the researchers can continue in their work with official clearance.

After submitting and completing all official documentation, including protocols, abstracts, and other supplemental materials, we were given the all clear for our project, with details given that our project was essentially free from any IRB submission altogether. The scope of our project was freed by the acceptance of the IRB, yet we felt a little upset that we had waited through the weeks and the work of submitting an official proposal that was essentially unnecessary, but yet had delayed our expected project timeline significantly. We looked onward with our newly granted freedoms.

Next, we began the long and lengthy process of reaching out to students both young and old who had been a part of the field study throughout the years. This

process was one of the most difficult in my opinion. The little amount of work that we were asking the students to complete for us seemed like such an arduous task to them apparently, as we had to pull teeth to receive any feedback. Our survey is posted in the appendices section of this current thesis for further reference, but the survey itself asked students to share a few takeaways from their trip like greatest memories, foods and beverages, challenges, and more qualitative takeaways such as what the trip meant to them overall and how they believed it impacted their personal and professional careers. This phase of data collection I mentioned as long and lengthy due to the fact that we were receiving information and feedback from students all the way up to the last week of school when someone submitted some responses back to us fairly late. Most of the feedback we received we were forced to poke and prod our classmates and other connected students who had completed the trip. Thankfully, at the end of the day, or year, they were each gracious enough to allow their stories and experiences to be told through the design of our website, functioning as a digital portfolio. Compiling the data was a continuous process that was occurring in tandem with the truly *creative* aspect of the project, actually creating the website itself.

As one will be able to discover by visiting the site or referencing the digital supplements at the end of this thesis, we chose to use the website building program known as *Weebly*. After a handful of hours exploring sites like *Squarespace*, *Wix*, *Blue Host*, *WordPress*, and other lesser-known website building programs, we settled on *Weebly* to provide us with the freedom to create a free website that could function best as a digital portfolio as we had in mind. To help design the website, we spent

many hours drafting pages in our notebooks, combating and compromising on how we wanted the website to look, and thus how we wanted the reader to engage in the site from the landing page to the contact and about page. Just as we had stepped into uncharted territory through the field study, we knew our audience members would need help navigating the unknown territory of our website as well. This is where design thinking comes into play. Neither Toni, nor myself, were very familiar with areas of design or media representation in any format before this project. As you can expect, building the website required many long hours for both of us as we experienced a strong learning curve to adjust our typical science, evidence-based, approach to research within our roles within the Honors College and College of Health. In hopes to improve my skills of website design, I attended 3 workshops provided by University Libraries and integrated the insight and tools I learned during those sessions into the designing and development of our website. Still, the technical aspects of the website design are incredibly frustrating for me personally. This is where Toni was able to step up and step in to help me by taking over the technical details while I plugged in the content and the overall themes of what we sought to present to our audiences. With the class I was able to take during this spring semester with the Emerging Media Design and Development department here on campus, I gained insight for what it means to lead and direct your audience through media platforms such as the website for this project. While Toni focused on the details, I was able to maintain our overarching approach and integrate the diverse components of our website cohesively into the showcase we now have as

our finished project. Each page, each description, each piece of the puzzle helps bring the full picture into view.

To provide a short summary, I will briefly describe a few of the pages we have created and present the aspects of design behind our approach. When accessing the site, the first page, also known as a "landing page," is titled home. On this page rests a beautiful picture with streaming Chinese lanterns leading to a temple terrace, provoking forward sight and engagement to captivate our audience. This photo provides a glimpse of the cultural beauty and significance behind the incredible wealth of experience of the trip. Scrolling down, one begins to see the various other components available on the website for the audience to explore. We use breathtaking photos and enticing descriptions for each linked page to captivate our audience to read and be provoked to learn more. Streaming the top of the page is a handy toolbar, also known as the menu bar, for visitors to use to quickly navigate from page to page. One has the freedom to select individual pages that provide further insight for each country. These pages offer a glimpse of the opportunities and experiences available for students. We present our audiences with pictures and descriptions to inspire them to visit themselves. We feature the Sydney Opera House, The Reclining Buddha, Sriracha Tiger Zoo, markets of Thailand and Malaysia, the Singapore Flyer, and more. Our gallery offers an accumulation of some of the best photos from the thousands that were submitted to us by the students. Of course, we could have added each of the thousands of photos, but we would want to promote the audience to seek out their own experience to build their own memories and take their own photos to remember for the rest of their lives.

Throughout the website as a whole, there is an emotional pull for the memories created, the memories that can be created, and the shared experiences between people and places that come together in such an immersive and empowering way for students. Both students and faculty visiting the website are inspired by its presentation to either pursue a similar trip and educational experience or think about what it would look like to craft their own.

To speak about the value of this project, I see this with infinite potential. This experience of completing an honors thesis focused on the Asia Pacific Field Study was a spark of inspiration nearly two year ago. It is incredibly encouraging to look back and reflect at this point, able to see the thesis in its excellent fruition, strengthening my current and future self-esteem. I have grown so much over this project, through the actual field study experience itself and by gaining the skills needed to record and document my journey alongside others in this digital portfolio. I am so proud to see the sketches of our original drawings now functioning through click-portals and dropdown lists, and menu bar links to external sites for cross-references. We have had the opportunity to not just walk and reminisce our individual experiences but were also granted the opportunity to see and hear from several other students and learn how the trip changed their lives in equal fashion. It is clear how transformative this experience can be for students, and that is why I wholeheartedly believe in this unique approach to education. This immersive learning approach breeds life and passion into students' lives. Studying abroad expands horizons like nothing else found on a college campus.

I believe this digital portfolio provides a grand showcase to promote our various departments that help coordinate the events, such as the Rinker Center for Internal Programs, Ball State Study Abroad, the Office of Immersive Learning, Ball State Honors College, and the College of Health. I truly believe that every department of every college would benefit from being able to provide a similar program to students. Sharing this current field study allows others to see what it would look like to design similar programming to build into their curriculum. This highlights the great value of education that Ball State provides its students, and showcases exactly what Ball State is known for. Also, by sharing with others our Ball State experiences abroad we are building into the theme of *WeFly* that the University President so truly believes in. We are Cardinals destined to make a difference in our world and programs like this help develop us from the inside out to help equip us and empower us to go out there into the big and bold world and realize what it means to live on one shared planet, with shared resources and unique perspectives from people around the world. Study abroad is one the highest rated characteristics that employers seek on a potential employee's resume. It is safe to say that this program shapes each student in a remarkable way, engaging them in global topics and cultivating a clear sense of cultural competency that is highly cherished in today's job markets. Lastly, this thesis is important to both me and my collaborator, as we have been very blessed to know and be mentored by Dr. Jay Kandiah throughout the years and wanted to give back but just a small token of our deep appreciation for all she has done in our lives, leading us here and abroad.

Appendix A

Sample of Survey Interview Questions

Name and Major while in school

Year of Attendance on Trip and class rank of that year

Current position in Life/Career

Why you decided to go?

1. What are some of your fondest memories of the trip?
2. What shocked you the most?
3. What was the most fun experience?
4. How do you think the trip influenced / shaped you?
5. In what ways have you been able to apply what you learned in your life / career?
6. If you could go back, where would you go and why?
7. Did anything scare you?
8. Did anything inspire you?
9. If you could describe Dr. Jay in a couple sentences, what would you say?
10. What will you never forget?
11. What are your major takeaways from the trip?
12. Do you speak about the trip with people often, if so how does it come up?
13. Did you have any WOW or AHA moments, where something really “clicked” ?
14. What do you remember about the weather, the climate day to day?
15. How has this trip better equipped you for your future life and career?
16. What do you remember about the food, favorite dishes, things you tried 1st time?
17. What do you remember about the people?
18. Did you bring any souvenirs with you..? What did you bring back and why?
19. Would you recommend this trip to others, if so... what would you tell them?
20. What were the most challenging / exciting aspects of the trip, and why?

Appendix B

Student Responses to Survey Interview Questions

Below is a copy of submitted responses provided by students.

We incorporated many of their quotes into our Student Stories section on the website, but this provides a comprehensive report of all that we received. Please read below to hear more from the students and their perspectives and takeaways from their experience.

Some of the quotes are more formal responses, while others are silly and quirky. Overall, these help showcase the personality of the students and the creativity explored along the journey.

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Name: **Mickala Ritter**

Major/Degree: **Nutrition and Dietetics**

Year of Attendance of Field Study: **2015**

Class rank the year of attendance in Field Study (e.g. Senior): **Junior**

Current Title/Occupation in Life/Career: **Masters Student at Ball State
Nutrition & Dietetics**

Why did you decide to participate in the Field Study:

I love to travel and I felt that the trip was a good way to knock some classes out of the way while also visiting countries I may not have ever picked on my own!

What is one of your fondest memories of the trip?

I went on the trip not knowing anyone and I made a really great friend who I still stay in touch with today. She was a nursing major and I do not think we would have ever crossed paths without this trip! I also LOVED the Blue Mountains in Australia and that is the one place out of the entire trip that I for sure 100% want to go back to just to take it all in again.

What shocked you the most?

Bangkok. It is hard to describe just how rough the living conditions were even in the city! I was shocked to see wires hanging everywhere and stray dogs running throughout the city.

What was your most exciting experience?

My most exciting experience had to be when we were on the wine tour in Australia and we spotted a wild kangaroo hopping through the vineyards! We all freaked out because we had only seen them at the zoos before.

What will you never forget, good or bad?

I will never forget so many things! Everything in Australia was breathtaking! I thought I was going to love Thailand the most but I really fell in love with Australia on that trip. If I had to pick one thing I think it would be the cashew chicken we ate three times in Malaysia at the China Town restaurant we loved. It was sooooo good.

Did anything scare you?

I don't believe so, I was scared at first I wouldn't make any friends since I didn't know anyone but that didn't happen obviously!

Did you have any WOW or AHA moments, where something really "clicked"?

I really thought WOW when we got to learn about coconuts and all the products that can be derived from them.

What are your major takeaways from the trip?

I appreciated a lot of what we have here in the U.S., but I also respected a lot of other things other countries have that we do not and hope to see our country change in those areas.

How do you think the trip influenced / shaped you personally?

It definitely sparked an interest in more travel and I feel more confident to do so.

How do you think the trip influenced / shaped you professionally?

I think that this trip will make me more marketable as I have seen many things others have not i.e. international health care systems, culture, foods.

In what ways have you been able to apply what you learned from the trip and the experience in whole in your life / career?

I have used this experience in many applications for scholarships and the dietetic internship to help set me apart from other candidates.

If you could go back, where would you go and why?

AUSTRALIA because everything! ☺

If you could describe Dr. Jay Kandiah in a couple sentences, what would you say, why?

The most kind-hearted, driven, craziest women you will ever meet.

Do you speak about the trip with people often, is so how does it come up in conversation?

Many people know that I travel and ask where all I have been. Many people do not travel to Asia and are intrigued with the trip!

Is there anything that stood out to you about the weather, the climate day to day, or anything else that was different than what you were used to or expected?

Living conditions in Thailand as previously mentioned. I also felt as if I was in another world in Singapore. It was too clean and too green for a city!

Did you try anything for the first time, and if so did you like it or not?

I LOVED trying barbecue baby squid in Australia they were so scary looking but tasted amazing. I also loved the cashew chicken as mentioned. I didn't like that we had to eat at food courts a lot but Dr. Kandiah was just trying to ensure our food was safe.

What do you remember about the people, other students or those you met while abroad?

I was shocked to see that many other cultures do not think highly of Americans. I am sure it may even be worse nowadays.

Did you purchase any souvenirs to bring back, and if so what did you purchase and why?

I bought some wine, a pillowcase, and some posters of Hindu gods because they were so unique and added to the decor in my room.

What advice would you give to others who are preparing to go on the trip this summer?

Bring soap to wash your clothes in the sink or bathtub! Journal-- you can't remember every detail.

What were the most challenging aspects of the trip, and why?

It was hard because we were on a tight schedule for most of the trip so it was hard to really adventure off on your own. But, there were some times to do so.

Looking back, do you believe the experience to be worth the cost; why?

For sure 100%!! Between the luxury flights, the personal tour guides and buses and all the activities she planned for us... that trip could have been 3-4x price.

If this Field Study or other field studies and educational trips continue to be developed for students while pursuing their degrees, what impact do you believe this will have for students or what things do you think should be considered in their planning?

This trip is unique to your college experience and not many others get to do something like this! Do it while you can. Also, traveling gets much harder while in your career and when you start a family. DO IT NOW!

Is there anything you wish you would've known before you left for the trip?

Soap Soap Soap.... And more soap

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Name: **Jessica Beckman**

Major/Degree: **Speech Language Pathology**, Bachelor of Science May 2017

Year of Attendance of Field Study: May 2015

Class rank the year of attendance in Field Study (e.g. Senior): **Junior**

Current Title/Occupation in Life/Career: **Graduate Student at Ball State for Speech Language Pathology**

(on this trip, Dr. Jay called all of us "Child of Grace" at some point. It was a standard phrase she used countless times and we all thought it was precious. Since we were each assigned a number to count off during roll-call in various places, mine was 19. My friends and I jokingly and lovingly decided to declare ourselves "child of grace" and our number. Hence the title I included under my name. I'm sure if you've spoken to Dr. Jay for any length of time, she has probably referred to you as the pet name or she will. So when I talk about the trip, I always like to include the title I adopted from the trip and the anecdote behind its significant meaning to me)

Why did you decide to participate in the Field Study:

It was a good opportunity to study abroad in really the only program that pertained to my major in any way. And visiting four countries for the price was a chance that would never happen again.

What is one of your fondest memories of the trip?

The days/nights spent laughing with our little friend group or exploring and getting lost in various countries. The days where we were left to spend our time as we pleased were the best. Though the days planned for us were also great, when we were left to our own plans, it was exhilarating and felt adventurous.

What shocked you the most?

How much we stuck out as a group of 20+ Americans and how we were judged and sold items for a higher price for just being Americans. I really learned how the outside world views us.

What was your most exciting experience?

Exciting? Probably each time we went to a new country and not knowing what to expect. When we were told the night before that we would be going to a zoo or visiting local markets. Just knowing enough to expect something but not enough to understand what that something is; that suspense was exciting. Each day brought something new to be excited about. But the most exciting moment would probably have to be riding in a Tuk-Tuk through the streets of Bangkok where we were weaving in and out of traffic at high speeds. I wasn't sure we were going to survive but Tuk-Tuk is now my favorite mode of transportation.

What will you never forget, good or bad?

I'll never forget how we were kicked off a bus in Australia a stop early because we were annoying the bus driver with how loud we were or how bad it smelled on the streets in Thailand. I'll also never forget the traffic in Thailand or how I'm pretty sure we walked past a dead dog on the sidewalk in Thailand. I'll never forget how I got lost with my friends in each country but how I also loved being lost. I'll never forget the people I met and how much trouble some of our group got in while in Australia (and why). And these might all sound negative but they weren't, not really. Because that's part of the experience and they were all impactful learning situations where I became more aware of myself in other cultures. I'll never forget the places we visited each day, and how much I smiled and learned, and how much I laughed with my friends.

Did anything scare you?

There were times when I felt uneasy, like when we were five girls lost in Thailand at night without cell service but we managed to find our way back to the hotel and while that was concerning, I never really felt scared or like I was in danger. I knew that we were adults, we stuck together and we had nothing to worry about. Actually, this experience has made me feel more empowered and encouraged to be a stronger and more confident explorer.

Did anything inspire you?

The way the world worked in each country was different between each one and a stark contrast to our own. Learning about each culture and way of life was inspiring because each country had a collective view much more than our own. You could feel how much they viewed their country as a whole and collective where our country is very much "every man for himself" or "how can I make sure I get ahead." Like in Australia, our guide in the mountains was an alum from Ball State. He described how when he started looking for jobs in Australia no one would hire him. And someone explained to him that he wasn't getting hired because he kept putting on his resume and saying in his interviews how good he was and how better he would be at the job than other candidates. He would bring up his awards and accolades and try to impress the bosses with his talent. But they wouldn't hire him because he wasn't explaining to them how he could work with the other employees and help them improve. He wasn't showing them that he could help his coworkers succeed and how to benefit the company through a team dynamic. I think that having that group dynamic and that holistic way of thinking where the society views themselves as a team is inspiring and wasn't really something I had encountered much before.

Did you have any WOW or AHA moments, where something really "clicked"?

The whole trip was a wow moment; each day had me gaping in awe at some view, food, cultural aspect, or societal norm.

What are your major takeaways from the trip?

My major takeaways from the trip were that there are countries all over the world living vastly different ways than our own and in some ways they are worse off but in many ways they are just as successful or even better off because of it. And you can't fully learn about a culture and know about it until you are at least partially immersed in it. I learned more on the trip about culture than I ever have in books, classes, or movies. But I know I did not learn everything because I was not fully immersed in the culture. I walked among the culture but I did not fully take part in it. I learned how cultures respect others of different religions without degrading them or challenging them. In the USA, we have a tendency to become offended by others religions and views or even go as far as to attack those of differing religious views or opinions. On the trip I saw Hindu temples down the road from Buddhist temples and around the corner from a Mosque. No one was attacking those going to pray for believing differently, each temple and mosque was kept clean and unharmed. People outside of the USA seem to live in a world with much more respect for each other than we seem to have for others. I think my major takeaway was that I learned how wonderful our country is but also how much we still have to learn.

How do you think the trip influenced / shaped you personally?

I think I am much quicker to think about another's viewpoint and how their views are impacted by their environment, culture, and history. Instead of quickly reaching a conclusion about someone, I now try to better understand why they are the way they are or think the way they think. I have a better appreciation for differing cultures and religions than I did. And I would like to think that I am not a "cocky American." I think this trip has helped me become more aware of others and aware of just how much I do not understand. It has humbled me in more ways than I had expected.

How do you think the trip influenced / shaped you professionally?

Professionally, I think everything I have mentioned just falls into that category as well. Having been around differing cultures and religions, I now have an increased appreciation for them and can carry that over to my clients and their families of differing cultures and religions.

In what ways have you been able to apply what you learned from the trip and the experience in whole in your life / career?

I have been able to apply it by speaking about my travels with my clients as a means of communication and I have been able to more readily connect with clients and coworkers of differing backgrounds.

Do you believe the trip equipped you for your future life and career; and if so, how?

I think so, it taught me a great deal from the most basic concept of keeping up with my foreign money and passport/belongings to being respectful of those I cannot communicate with or know very little about. I had many instances of communicating with those who I could not understand and who could not understand me. I will experience that with future clients so having that experience was significant for me.

If you could go back, where would you go and why?

I would go to each country again if I could. I feel like even if I went back to the exact same places and did the exact same things, I would still learn more and I would experience things differently because I am a different person than I was 3 years ago. We change daily, even by just a little, which is why we are different now than we were in high school and different than we will be when we become parents. I would go back so that I can learn more and relive the experiences I had while there.

If you could describe Dr. Jay Kandiah in a couple sentences, what would you say, why?

I would say that Dr. Jay is a fierce and loving momma-bear. She is one of the most intelligent people I have met who is so worldly and humble. I would say these things because she protected us and watched over us on our trip. Keeping up with 20+ colleges' crazy kids is no small feat. And she did so with grace and strength. Furthermore, she has lived several different places and has been to countless different countries and yet she still wants to share these experiences with others and give them the same opportunity. It isn't enough for her to explore and grow herself, she wants to teach and allow others to grow as well. That is the characteristic of a remarkable human - someone who betters herself by bettering others.

Do you speak about the trip with people often, is so how does it come up in conversation?

I do sometimes, mostly when someone asks where all I have traveled or what my favorite trip has been. Sometimes it comes up when others talk about places they have been or want to go and it aligns with one of the countries I visited.

Is there anything that stood out to you about the weather, the climate day to day, or anything else that was different than what you were used to or expected?

I was surprised at how chilly it was in Australia in May and how I had to wear pants and a sweatshirt/jacket most days. It was also surprising to me how scorching hot and humid it was in Thailand and how difficult that heat and humidity made it to breathe. I have lived in hot and humid environments but nothing like that.

What do you remember about the food? Were there any dishes you remember? Did you try anything for the first time, and if so did you like it or not?

I kick myself for not being as adventurous with my food trying on the trip. I tried duck for the first time in Australia; I wasn't a huge fan of it. I remember Dr. Jay bought us some ice cream in Singapore or Thailand I think, and I don't remember what it was called but we all tried it and we all thought it wasn't good but wasn't bad and that it was familiar. Finally, after we all tried it I realized what made it so familiar to all of us. It tasted like Play-doh...

What do you remember about the people, other students or those you met while abroad?

I remember the people in other countries kept to themselves and were quiet. They appeared to want to not let their presence intrude on someone else's life; as if they had a clear mindfulness of others. I thought that was very respectful and was a stark contrast to our loud and boisterous group of American college kids. The group I went with was pretty loud at times and interacted freely and even a bit silly at times, which it is great to have fun, but could have been a bit much for those we were interacting with. As college students, we need to be responsible and courteous when traveling, and thankfully those we met understood that we were simply enjoying ourselves in full delight and absolute appreciation for the country and culture. Some of the people I met on the trip were some of the kindest and funniest people. It's crazy to me that it took going around the world to meet fellow BSU students, but I'm glad our paths crossed.

Did you purchase any souvenirs to bring back, and if so what did you purchase and why?

I brought back a boomerang, koala stuffed animal, wine, and soccer jersey from Australia; golden Buddhas, chopsticks, Chinese scrolls, and a chess board from Malaysia; tank-tops, a paper fan, and bracelets from Thailand; and a little wooden chest and Merlion from Singapore. I chose these items because they were relatively low cost, small and lightweight, and they represented what I saw and experienced in each location.

What advice would you give to others who are preparing to go on the trip this summer?

I actually met with a student going on the trip this summer and I think I gave her more information than she had expected and more than I could write down. I would say for sure, bring a journal and write down what you do each day, take pictures of the signs where you are so you know where each group of pictures was taken at, and bring portable chargers for phones and cameras. I would also say to not worry about yourself or others in your group and pay more attention to the world around you in these different countries. Plan to walk fast to keep up with Dr. Jay but don't forget to pause and look around you. Sometimes I got so focused on our next destination that I didn't look around me as much as I should have for what was happening along the way.

What were the most challenging aspects of the trip, and why?

The most challenging aspects of the trip were honestly entirely from our own group of students. We had a large group of immature and entitled students who were pretty mean to each other at times. Being stuck with the same strangers for a month can be difficult but for some reason, people in our group didn't understand that we were all trying to enjoy the same experience and tolerate each other. Some people felt the need to be rude to others instead of simply tolerating each other like the rest of the group. The trip was fantastic; the only challenging parts were some of the people we took with us.

Looking back, do you believe the experience to have been worth the cost; why?

Absolutely. Traveling to 4 countries in one month for a little over 7,000, which would be a one-way flight to just two of the countries these days. And I got to experience each country and not worry about food, transportation, planning activities, or lodging. It was well worth the cost.

If this Field Study or other field studies and educational trips continue to be developed for students while pursuing their degrees, what impact do you believe this will have for students or what things do you think should be considered in their planning?

I think the impact that study abroad trips can have is too immense for words. Each person is different and will have different experiences and react to them differently. Going abroad to learn instead of for vacation is such a better opportunity for education and personal development. I would advise to keep the group small and ask for guidance from Dr. Jay because she has had many years of successful trips. I would consider her an expert in the art of study abroad planning.

Is there anything you wish you would've known before you left for the trip?

I wish I would have known the people better before going, I feel like having more opportunities to meet each other and get to know each other would help us find our little "groups" and would lessen the strain when being around those we realize we would not have gotten along with well. I wish I would have known about sleeping pills for the flights and how unnecessary a phone plan was because I either was too busy to be on my phone, didn't want to be, couldn't be, or was asleep. And when I did want to be on my phone, there was Wi-Fi.

Do you have anything else, special or unique, that you would like to share with us?

I still keep in contact with people I met on the trip and my friend who went on the trip with me, we are no longer close. So, I would say this trip taught me a lot about others and myself. It taught me about cultures and about how it feels to be the obvious outsider. Here is a link to a video on YouTube that one of my friends on the trip made. It is a great depiction of her weirdness but more importantly how incredible this trip was. I'm sure if you want to include a video, this would be one worth watching.

https://www.youtube.com/watch?v=n_j4ztECqsw

Name: **Caroline Grasso**

Major/Degree: **Nursing**

Year of Attendance of Field Study: 2017

Class rank the year of attendance in Field Study (e.g. Senior): **Junior**

Current Title/Occupation in Life/Career: **Student**

Why did you decide to participate in the Field Study:

I decided to participate in this Field Study because I wanted to learn more about different cultures other than my own. I feel that as a future nurse, I will come in contact with many other cultures than my own, and learning about them will help me better the quality of care I give to my patients.

What is one of your fondest memories of the trip?

My fondest memory of the trip was being in Australia because you would think that Australia would be similar to the United States, but it is far from it. It was such a cool experience being there and communicating with the people over there. The Singapore Zoo was super cool too!

What shocked you the most?

Being Thailand shocked me the most. It was the most different from the United States as you could get. Just observing everything around you in Thailand made you very grateful for what we have here in the United States.

What was your most exciting experience?

Eating the different foods!

What will you never forget, good or bad?

I will never forget trying all the foods. I won't forget going to the wineries in Australia. I won't forget riding and elephant and holding a baby tiger. I won't forget petting a kangaroo. I won't forget all the fun memories and new friends I made on this amazing trip. I also won't forget the major jet lag I had when I returned to the United States.

Did anything inspire you?

When we were in Australia, we met up with a Ball State Graduate when we went to Scenic World in the Blue Mountains. He just did a really good job at explaining life in general. Not to make stupid decisions, but also not to let yourself get caught up in your own life and give yourself time to go out and do things out of your comfort zone; like traveling around the world!

Did you have any WOW or AHA moments, where something really "clicked"?

I honestly realized why people don't like us as Americans so much. I feel like (even though it's not all of us) we stress on having money and a career to be successful in life. But in other places, their careers are what they truly love, whether it makes them wealthy or not.

What are your major takeaways from the trip?

I learned so much about myself while being on this trip. But the one thing that I took away from it was to travel the world as a human and not an American. There are so many different places out there than just our own world in America. And if you are going to want to travel more, we need to learn to accept/try new things to get the best experience.

How do you think the trip influenced / shaped you personally?

The trip was life changing for me. Even though not everything went as planned, I still had an awesome time!

How do you think the trip influenced / shaped you professionally?

I learned more about cultures that I never thought about until I went on this trip. This will help me better understand people with different religions, beliefs, and values.

Do you believe the trip equipped you for your future life and career; and if so, how?

Yes it did. From what I stated earlier, me becoming a nurse (and maybe even a traveling nurse) I will need to learn and understand different cultures and I think this trip prepared me for that.

If you could go back, where would you go and why?

This is a difficult question! I would have to say Singapore because we weren't there for very long and I loved being there! The country is so small and clean. And I really wanted to go in and see Gardens by the Bay! So if/when I go back, I'll definitely have to make a stop there, and the Singapore Flyer!

If you could describe Dr. Jay Kandiah in a couple sentences, what would you say, why?

I loved having Dr. Jay when we went on this trip. I don't think any other professor would have done as well as Dr. Jay. She always gave us things to do, but also the freedom to do what we wanted to do. She was super easy going and fun to be around and learn from!

Do you speak about the trip with people often, is so how does it come up in conversation?

I do speak about the trip with other people. Usually when people talk about studying aboard, I share my experience with them.

Is there anything that stood out to you about the weather, the climate day to day, or anything else that was different than what you were used to or expected?

Nothing was different than I expected, other than it being really hot in Malaysia, but that was because we were right on the equator.

What do you remember about the food? Were there any dishes you remember? Did you try anything for the first time, and if so did you like it or not?

CURRY! Curry is a traditional Thai/Malaysian dish that is the best thing ever. My favorite dish I had was Chicken Masala. It is white rice, with chicken and spicy red sauce poured on top and it is usually served with Naan bread or garlic roti bread. I did try a lot of new foods! I tried the Durian fruit and it was so good but smelt terrible! I also tried lychee. Which is a sweet type of fruit. I also had the best sushi over in Australia at the fish market. I had the Thailand version of Pad Thai. I had some fried noodles with tofu in Thailand.

Did you purchase any souvenirs to bring back, and if so what did you purchase and why?

I brought back a lot of souvenirs. In Thailand I brought back an elephant beer bottle opener and elephant pants, and a Chang Beer tank top. In Australia I brought back some wine, boomerangs, and an outback sweatshirt, and chocolate that was amazing (Dr. Jay recommended). In Singapore I brought back a Singapore night safari tank top from the zoo. In Malaysia I brought back some tea sets for my grandparents, a Tiger beer tank top (beer I tried while at the Heineken Brewery) and also brought back some Tiger beer for my father.

What advice would you give to others who are preparing to go on the trip this summer?

Go in with an open mind! You'll have such a better time that way!

What were the most challenging aspects of the trip, and why?

The most challenging aspects of the trip where traveling on the planes and the jet leg that came after each flight. You got used to it during the end, but it was hard to get used to in the beginning because all I wanted to do was sleep for a few hours.

Looking back, do you believe the experience to have been worth the cost; why?

YES! I paid my own way for this trip and I believe that it is worth the cost. From the many plane rides and everything you do in each country, it would have added up to being over the cost I paid for the trip. It was such a cool experience!

Do you have anything else, special or unique, that you would like to share with us?

I loved going on this trip. Answering these questions makes me really want to go on this trip again! It is so worth the cost with all the amazing experiences you get out of it! I met some new friends and learned so much about myself in the process. This trip gave me memories I will NEVER forget!

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Name: **Dina Choucair**

Major/Degree: **Dietetics**

Class rank the year of attendance in Field Study (e.g. Senior): **Senior**

What is one of your fondest memories of the trip?

Being able to meet students outside my major and classes and become so close with them. Everyone was open to being friends and it made everything we did more exciting. Also, I was always so excited for trips to temples in caves, mosques, and being outside hiking. There was so much beauty outdoors and it was so stressful to walk it.

What was your most exciting experience?

I was able to hold and pet several different animals, some being an elephant, koala, kangaroo, and tiger. I'm a huge animal person, so this was a big deal to me to feed a baby tiger and pet baby kangaroos. This isn't a very typical thing to do.

What will you never forget, good or bad?

I will never forget being able to see Tom Cruise in Australia at his movie premiere. It was exciting and unexpected.

How do you think the trip influenced / shaped you personally/ professionally?

Personally, it has made me so open to new experiences and trying new things happily. I want to be able to openly try new ways of eating and different menu options. I also want to learn so much more about cultures. I have a new found interest in learning as much as I can. Professionally, I learned to make myself as much more experienced as I can. This will benefit the patients I see as well as how effective I can be.

If you could go back, where would you go and why?

I would really want to go see the Great Barrier Reef. With how things are going, it's deteriorating and I want to be able to see it before it's too late.

If you could describe Dr. Jay Kandiah in a couple sentences, what would you say?

Dr. Jay is a very nurturing, motivational person that we had the great opportunity to have lead us on our trip. She looked out for our safety, our experiences, and made sure we were never taken advantage of when it came to buying items. She was very well aware and leading every step of with what was around us so she made sure to do the best for us. She also made sure to include different activities and excursions that benefited every major. Dr. Jay made this a very memorable, eventful trip that gave us all the best memories that will last a lifetime.

What do you remember about the people, other students or those you met while abroad?

I remember everyone wanted to be friends with everyone. We were all so open to making friendships because we all had the same desire, to experience as much as we could. Everyone brought so much energy to the group that made it even more fun. It was a reminder that stepping out into the world is exciting.

What advice would you give to others who are preparing to go on the trip this summer?

I would advise them to save as much money as they can. There's so much you see that you want. Also, do not wait till last minute to buy souvenirs for family. Speaking of that, do not over pack your bags. You will be purchasing so many new clothing items that you'll most likely wear during the trip. Make room to bring things back, it'll make you happy when your bag doesn't rip coming back. One last thing, be open minded to every experience you are given. The point of this is to step outside your comfort zone, so don't be afraid. It'll be worth it.

What were the most challenging aspects of the trip, and why?

It was pretty difficult when we had to travel sometimes. It got a little tiring taking plans and the bus, but you completely forgot that when you got off to explore. Make sure you're well rested and this won't be a big problem.

Looking back, do you believe the experience to have been worth going on; why?

Absolutely. To this day, this has been the most exciting event in my life. I was able to travel all around Asia-Pacific and be amongst so many different cultures and people. I got to live some different lives and it made me ask more and more questions. This is leading me to want to travel around more and experience more. Nothing will be as easy and organized as this trip was, but it sure was a great platform to base all my future trips on.

Is there anything you wish you would have known before you left for the trip?

I wish I would have known that during my free days, I'd have the opportunity to go around on our own to experience whatever we wanted to. This would have made me be more prepared and I would have made a list of all the things I wanted to see around where we stayed.

What is your favorite story from the trip?

When we were in Singapore, we got to go to this night safari and zoo. It was an enormous zoo, but there was so much to see. At night, the entire class went to see a show with all the nighttime creatures. The speaker asked for a volunteer and our good friend Kyle raised his hand. Our entire class started pointing to him and he was chosen. Minutes later, he reappeared holding a snake. This was one of the funniest, most heart soothing experience because the look on his face said it all. Our entire class was laughing and enjoying this because we all knew how timid Kyle was.

- - - - -

Name: **Kailey Adkins**

Major/Degree: **Nutrition and Dietetics**

Class rank the year of attendance in Field Study (e.g. Senior): **Senior**

What is one of your fondest memories of the trip?

I loved going to the waterfall in Malaysia - It was breathtaking and so much fun. We had all been on the trip long enough to become friends and it was a fun break to a full day of travel.

What was your most exciting experience?

Going to the Eastern Medicine hospital and getting acupuncture was pretty exciting. I am terrified of needles and nearly passed out, but it was a neat thing to experience and actually helped my headache again.

How do you think the trip influenced / shaped you personally?

Professionally?

I have moved around the US throughout my whole life because of my Dad being in the military, so traveling and meeting new and different people is something I enjoy. I loved getting to be outside of the US and for 3 of the 4 countries being in cultures vastly different from our own. I have an even greater respect of people who travel abroad.

If you could go back, where would you go and why? -

I would go back to, Malaysia - It was my favorite. I loved being here, it felt safe and the people were friendly. We spent the most time there, and by the time we left it felt very familiar.

If you could describe Dr. Jay Kandiah in a couple sentences, what would you say?

Dr. Jay is a beautiful and caring soul. She is incredibly smart and resourceful. I was constantly amazed at her ability to manage 24 students on the other side of the planet. I was in awe of the numerous languages she spoke and seamlessly navigated the group anywhere we were. She will always be our 'Mama Lioness'.

What do you remember about the people, other students or those you met while abroad?

The students were great; it was fun meeting students from other majors and getting to know them and what they will be doing in their futures. I like that a good portion of them were Dietetics students as well, so many of our conversations were food related!

What advice would you give to others who are preparing to go on the trip this summer?

Keep an open mind and be flexible, the more you do the happier you will be with your experience. It may seem a bit daunting being in a foreign country, but it is so worth it!

What were the most challenging aspects of the trip, and why?

- THE LONG FLIGHTS! They are more exhausting than I thought they would be, but the service you get on the flights is tremendously helpful. Dr. Jay booked us with top-notch airlines.

Looking back, do you believe the experience to have been worth going on; why?

ABSOLUTELY - it was an experience of a lifetime and I would do it again in a heartbeat.

- - - - -

Name: **Emily O'Lena**

Major/Degree: **Human Geography**

Class rank the year of attendance in Field Study (e.g. Senior): **Junior**

What is one of your fondest memories of the trip?

Walking around Thailand at night and going to the night markets is a really fond memory of mine. It felt like I was in a different world and the energy was much calmer than in America. Seeing the Sydney Harbor Bridge is also an incredible memory that I have. Pictures don't do it justice.

What was your most exciting experience?

Getting to play with baby kangaroos was pretty exciting to me. They were so adorable!

What will you never forget, good or bad?

I will never forget bartering in Thailand and Malaysia. It was borderline aggressive at times, but it definitely added an interesting element to shopping.

How do you think the trip influenced / shaped you personally?

Professionally?

Personally, the trip has made me more thankful for what I have and excited to see more of the world.

Professionally, it has influenced my career path. I now know that I want to work abroad in the future.

If you could go back, where would you go and why?

I would go back to Thailand because it was the most different from the U.S. I feel that I learned the most about other ways of life in Thailand. I would also go back to Malaysia because I loved the diversity and food there.

If you could describe Dr. Jay Kandiah in a couple sentences, what would you say?

Dr. Jay is the epitome of a motherly role model. She is very energetic, funny, loving and truly looks out for her students.

What do you remember about the people, other students or those you met while abroad?

The people in Thailand were very hardworking and thankful for what they had, even if it wasn't a lot. It was humbling to see how content they were with life. I also witnessed a lot of the businesses helping each other out when problems arose, showcasing their strong sense of community.

The people in Australia were extremely laid back and witty. Everyone I encountered was super friendly and happy to engage in conversation.

Our group had a good mix of personality types. I didn't know anyone going into the trip, but I felt pretty welcomed by everyone.

What advice would you give to others who are preparing to go on the trip this summer?

I would say to study the culture and become familiar with the places you will visit. Go into the trip with an open mind and try new things even if they put you out of your comfort zone. Try to live in the moment because it goes by quick.

What were the most challenging aspects of the trip, and why?

The long times spent in the airports were challenging because everyone was irritated and just wanted to be at the hotel already. Staying hydrated and bathroom breaks were also challenging. We were on the bus for long periods at a time and we didn't always know when the next time we would stop would be. We had to be careful about when and how much water we drank at times, but it is expected when dealing with 22 students.

Looking back, do you believe the experience to have been worth going on; why?

Absolutely! It is a once in a lifetime trip. Going to four different countries was really eye-opening and you learn so much. Having Dr. Jay and Dave with us was especially worth it because it allowed for a more authentic experience than what a typical tourist experiences.

What is your favorite story from the trip?

My favorite story is when Dr. Jay surprised me with a cake on my 21st birthday while we were on our way to Thailand. That was so sweet of her and it was definitely a birthday I will never forget.

- - - - -

Many more stories exist and many more stories continue to be written...

Digital Supplements: Pages of the Website

To experience the website fully, we encourage you to visit <https://ballstateasiapacificfieldstudy.weebly.com>, but for the sake of this print thesis, please see the following pages of this document that capture the digital pages from our website. Thank you.



Office of Research Integrity
Institutional Review Board (IRB)
2000 University Avenue
Muncie, IN 47306-0155
Phone: 765-285-5070

DATE: December 21, 2017

TO: Jonathan Isbill

FROM: Ball State University IRB

RE: IRB protocol # 1168151-1

TITLE: The Asia-Pacific Field Study: Higher Education Redefined through Immersive Learning

SUBMISSION TYPE: New Project

ACTION: **DETERMINATION OF NOT HUMAN SUBJECTS RESEARCH**

DECISION DATE: December 21, 2017

REVIEW TYPE: Administrative Review

The Institutional Review Board received the above protocol. After review and consideration, the IRB concluded that this project does not meet the definition of 'research with human subjects' at this time, as specified by federal regulations at 45 CFR 46.

Research: A systematic investigation, including research development, testing and evaluation, designed to develop or contribute to generalizable knowledge.

(Activities which meet this definition constitute research for purposes of this policy, whether or not they are conducted or supported under a program which is considered research for other purposes.)

Human Subject: A living individual about whom an investigator (whether professional or student) conducting research obtains: (1) data through intervention or interaction with the individual or (2) identifiable private information.

Consequently, this project does not require IRB approval as submitted. The IRB accepts this information for our records and will retain it in our files. Thank you for providing the IRB with these materials for review. Please contact the Office of Research Integrity if any details of the study are to change so that the IRB may reconsider the protocol, if necessary.

If you have any questions regarding this decision or would like to respond in person, please contact the Office of Research Integrity.

D. Clark Dickin, PhD/Chair
Institutional Review Board

Christopher Mangelli, JD, MS, MEd, CIP/
Director
Office of Research Integrity

"ASIA PACIFIC FIELD STUDY" ^(/)

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What is the Asia Pacific Field Study?

An adventure of a lifetime for students from Ball State University to leave their homes to explore the world. These students experience four distinct countries, unlike anything they have ever seen before, with over four weeks of exciting travel. Students explore unique cultures and environments through an intensive immersive learning education, diving deep into a completely different way of life found in the Asia - Pacific.

POWERED BY



Broaden Your Horizons!

Ball State's immersive learning programs provide hands on learning that can prepare students for their future careers. The Asia Pacific Field Study is just one of the many immersion opportunities at Ball State that encourage students to grow both professionally and personally.

LEARN MORE

(/broaden-your-horizons.html)

To Destinations Unknown

Australia- A giant island country of cultural diversity.

It is the most westernized country of the four.

Malaysia- Landscapes of inspirational

beauty with various religions living closely together take the spotlight here.

Singapore- Small and distinct, yet bustling with growth.

A "fine" country that takes great pride in its cleanliness.

Thailand- An intensely busy country and culture full of marketplaces to find anything you could ever want.

To learn more please click below.



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SINGAPORE

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**Meet the Director: Dr. Jay
Kandiah**



**Associate Dean For Academic Affairs Interim
Chair Of The Department Of Nutrition And
Health Science And Professor Of Nutrition at
Ball State University**

For seventeen years Dr. Jay Kandiah has led the Field Study, driven by her love for her students. Be it during the school year, or the summer, Dr. Jay's passion for her students drives her work. During the course of the trip she guides her students into new places, and provides them with experience they could never have without her. Now in its 18th consecutive year of enrollment, Dr. Jay Kandiah has led hundreds of students around the world and strives to point them in the direction of their dreams.

READ MORE

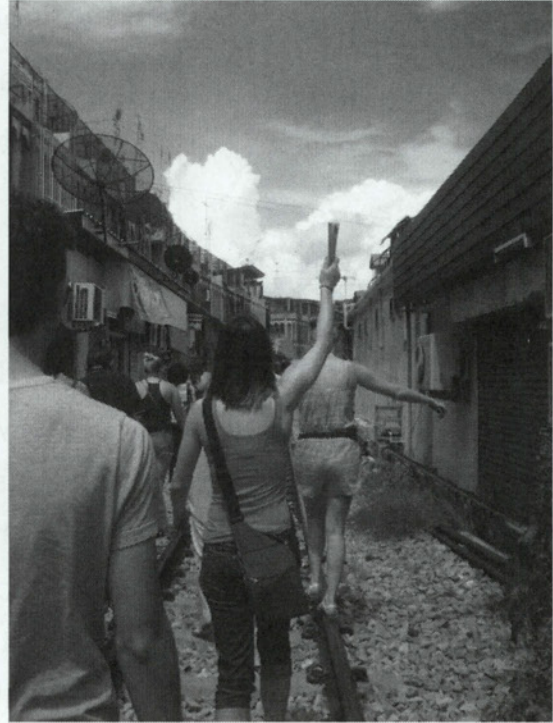
(/meet-the-director.html)

Student Stories

"In Thailand there are marketplaces everywhere. They are along the riverbanks and shoved into alleyways. One of the most memorable markets was placed

precariously on a Thai railway. Dr. Jay had warned us to get back to a small shop tucked into the ally way before the train came, and we were set loose to explore. Three of us had walked a decent way down the tracks, when suddenly a loud alarm blazed and a man began urgently speaking Thai over a loudspeaker. The train was coming..."

-Excerpt from Toni Storemann



CONTINUE READING

(/student-stories.html)





Gallery

A picture is worth a thousand words.
Explore the destinations through the
eyes of the students!

SEE MORE

(/destination-exploration-
picture-gallery.html)

**Questions or Comments?
Let Us Know What You
Think!**

- **More information on The Asia Pacific
Field Study**

** INDICATES REQUIRED FIELD*

NAME *

First

Last

EMAIL *

- **More information on other Ball State University Study Abroad Programs**
- **Information on the Asia Pacific Field Study**
- **Information on the places visited**
- **Information on the 2017 participants**
- **Information on the start of the Asia Pacific Field Study Program**

COMMENT *

SUBMIT

Email Jonathan at: jisbill@bsu.edu

(<mailto:jisbill@bsu.edu>)

Email Toni at: tlstoermann@bsu.edu

(<mailto:tlstoermann@bsu.edu>)

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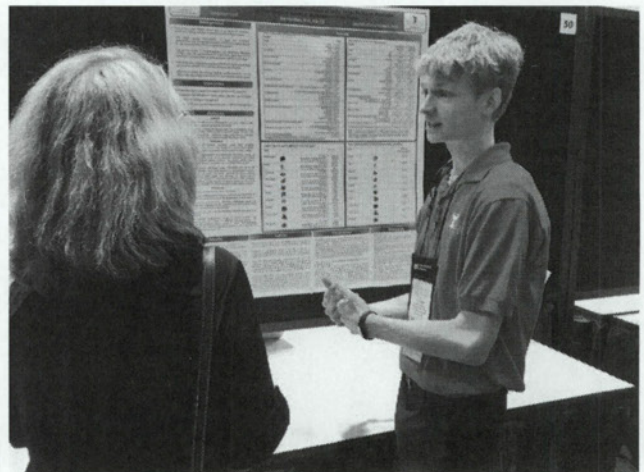
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About Jonathan and Toni

Two honors students from Ball State University with passions for Nutrition and Dietetics, which led them to embark explore the world on separate occasions. Attending the Asia Pacific Field Study in 2016 and 2017 respectively, Jonathan and Toni decided to showcase the field study as a way to share their experiences with others. The pair decided to join forces to create a platform that would highlight the program, as a token of their appreciation to Ball State University, and their mentor, Dr. Jayanthi Kandiah.

Meet Jonathan Isbill

A senior Nutrition and Dietetics student at Ball State University, Jonathan has more vision than most people in their early twenties. With big ideas, and high ideals, when you talk with Jonathan it's easy to catch hold of his enthusiasm. He does more than just talk about his ideas though. Jonathan is heavily involved on campus and in his community, always trying to find new ways to help improve both. As an Honors Fellow, he has had the opportunity to complete research connected to his interests in the field of nutrition. He shares his passion for community through research and education, even having



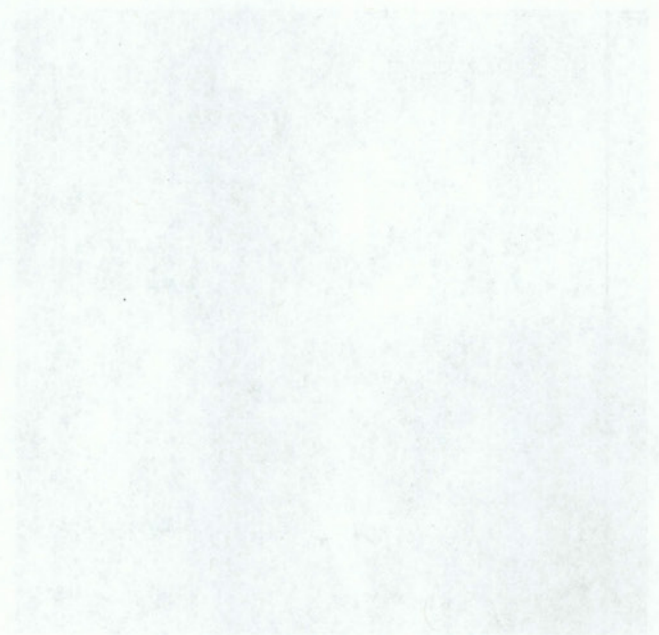
several opportunities for state/ national presentation and publication. In truth, none of these things define Jonathan. Bright, and hard working, Jonathan genuinely cares about people more than anything else. He is always seeking ways to better his community, and support those around him. Jonathan expects to pursue a career in the field of global health while working on grassroots programming in his communities using his accredited expertise in nutrition & dietetics as a future RDN.



Meet Toni Stoermann

Throughout her four years as a Nutrition and Dietetics student at Ball State University, Toni has earned quite the reputation for her diligent work ethic, epitomizing, "Nothing less than the best." An illustration of true academic grit, Toni has maintained an excellent academic record while balancing her many roles in life, such as performing highly technical research alongside Nutrition and Dietetics faculty as an Honors Fellow. She is a natural leader. She never shies away from taking command in teams, while assisting others to rise to the occasion to be the best they can be as well. Her dynamic personality is well known among students and faculty alike. A strong personality with an even stronger desire to give back, Toni is determined to strive for excellence for herself and others. Her capacity to improve others' lives is on grand display each day with the simple, and yet powerful, smile she carries at all times. In the future, Toni will attend graduate school at Ball State University, where she hopes to focus her education on Sports Dietetics. After graduate school she plans to become a Registered Dietitian, and work in a clinical

setting.



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Greetings From Australia!

POWERED BY

The Land Down Under!



Exploring Sydney

Sydney Opera House:

Known around the world for marvel and majesty, Sydney Australia hosts some of the most beautiful tourism locations around the world. While in Sydney, students begin to see just how diverse a population can be. According to the 2011 census, 41.6% of the population of the Sydney Metropolitan Region was born overseas. With a high degree of cultural diversity and population density, visitors can see 20+ countries and cultures represented from passer-byes during a brief 10-minute walk in the city.

Crafted as an architectural icon, the Sydney Opera House is a place known for curating culture by hosting world-renowned artists and composers, dancers and dreamers, and inspiring thought leaders. The Opera House shares a unique vision that pays

homage to history while focusing on the future with innovative events designed to engage visitors both young and old.

With so much beauty and marvel to enjoy, no wonder Sydney ranks 10th out of 230 cities worldwide in *Mercer's 2015 Quality of Life Index*.

SYDNEY OPERA HOUSE

(<https://us.sydney.com/destinations/sydney>)

A Breath of Fresh Air

Darling Harbor:

One of the most known harbors around the world, Darling Harbor showcases a vivid display of culture, as an extension of the city's own values that garner art, music, cuisine, and many other activities that change throughout each season. Highly celebrated as a tourist destination, many noteworthy landmarks such as the *Sea Life Sydney Aquarium* and Sydney Opera House call this harbor home.

Blue Mountains:

Visit the beautiful Blue Mountains to escape into nature. Titled "blue" mountains with a natural blue haze formed by forests



of eucalyptus trees that fill the valleys between each of its peaks. Take an adventure with facilitated walking / hiking tours or fly in the sky and get a bold view by cable car. There are dozens of opportunities for fun activities provided by the iconic *Scenic World*, a tourists's dream! Botanical gardens offer visitors the opportunity to take a day of rest and breathe in the oasis that this wondrous landscape provides.



Hunter Valley

Hunter Valley Wine Country:

With fertile soils and award winning wines, Hunter Valley is known for acres of open plains that place fine wine and dining at the forefront of the region. Local agriculture and high quality restaurants provide visitors with a culturally immersive learning experience through enticing tasting tours. Gain insight and expertise of culinary creations by challenging your palate with unforgettable pairings provided by the farmers and chefs that walk the grounds each day. Follow them as they lead you behind doors, deep into dark cellars, where wine is stored for aging. Walk along the grapevines to discover how these grapes create wines that most connoisseurs only

dream of serving.

HUNTER VALLEY

(<https://us.sydney.com/destinations/hunter>)

Day at the Beach

Look beyond the city and take a ferry to visit Manly Beach, just northeast of Sydney. Manly is a great destination for surfers to practice and compete on some of the best waves found along Australia's coasts. Hungry travelers can find unique and exciting dishes with a vast selection of nearby restaurants that showcase fresh local ingredients and sweet treats to enjoy by the waters. Stay by the sands, or grab your board and hit the waves or take a tour of uncharted ecosystems through guided scuba tours to see creatures and plant life you've never seen before!

For more of an explorative beachside experience, travel south of Sydney by train and visit Bondi Beach that offers unique walking tours and artful displays and exhibits. For those who enjoy whale watching, this coast is just as known for the perfect place to glimpse dolphins during sunrise and sunset.



BEACH LIFE

(<https://us.sydney.com/things-to-do/beach-lifestyle>)

Learn More!

VISIT AUSTRALIA

(<https://www.australia.gov.au/information-and-services/passports-and-travel/tourism>)

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Malaysia Bound!

From City Lights to the Seaside!

POWERED BY



Religious Practices

A vibrant and diverse country, Malaysia's official religion is Islam, but there are many who practice other religions like Hinduism and Buddhism. Within Kuala Lumpur it is easy to hear the Muslim call to prayer echoing throughout the city every evening.

Temple of the Azure Cloud: Often called the snake temple, this is a Buddhist temple near Georgetown Penang. This temple is home to many pit vipers, that relax in stands throughout the temple and the trees surrounding it.

Thean Hou Temple: Built in the Chinese style, this temple is a delicate combination of Buddhism, Confucianism, and Taoism. In addition to Thean Hou, the temple is dedicated to the goddesses of Mercy, and of the waterfront.

Batu Caves (Pictured): Another, immensely popular religious site in Malaysia is the Batu Caves. The Batu Caves are natural

formations a short distance from Kuala Lumpur in which a Hindu temple to the god Murugan. These caves are heavily used during the Hindu festival of Thaipusam.

Something to Savor

With Islam being the primary religion in Malaysia, much of the cuisine throughout the country is Halal. Even with this influence though, there's plenty of variety to choose from, with many food courts offering several styles of food from traditional Malay dishes to more middle eastern delicacies, as well as western dishes. Visit established eateries, or just grab something from a local street vendor!

Heineken Brewery: Find relief from the Malaysian heat with a refreshing beverage at the Heineken Brewery. Tour the facility and learn about the process for making your favorite beers, and after the tour enjoy a sample of some of your favorite beers or maybe something new!

Ramadan Bazaars: Of special interest is the festival of Ramadan. Ramadan is a month of fasting for practicing Muslim's. During this



HEINEKEN BREWERY

(<http://www.heinekenmalaysia.com/brewery-tour/>)

month they do not consume food or water during the day, but at night they feast. Every evening many streets are taken over by the Ramadan Bazaar's, at which vendors sell freshly made food for the nights festivities. The food sold is fresh and authentic, and many of the flavors comes from the Middle East.



SUBANG JAYA

(<https://www.ramsaysimedatungshin.com.my/specialties/chinese-medical-division/>)

TUNG SHIN

B. BRAUN

(<https://www.bbraun.com.my/en.html>)

Here for Your Health

Tung Shin Hospital- A public hospital in Kuala Lumpur, this hospital features a unique Chinese Medical Division. In this division they offer many traditional forms of medicine, including acupuncture, herbal medications, massage and more.

Subang Jaya Medical Center- Associated with the Ramsay Sime Darby Health Care group, the Subang Jaya Medical Center is a hospital near Kuala Lumpur Malaysia. This hospital specializes in oncology care, diseases of the blood, and gastrointestinal disease.

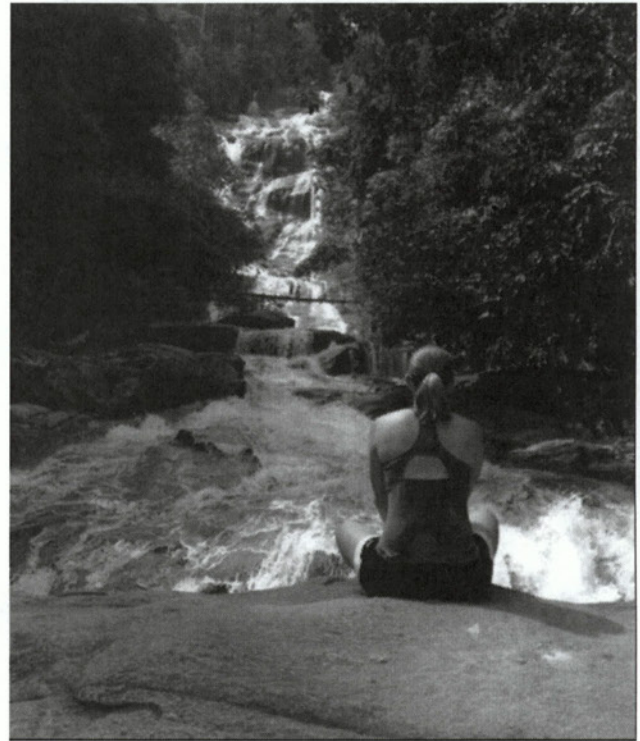
B. Braun- A major producer of medical supplies, B. Braun is a German company

with facilities around the globe. Their regional headquarters in the Asia Pacific is in Penang, Malaysia

Exploring Malaysia

Penang Hill- Overlooking the city of Georgetown and the waterfront beyond, Penang Hill is a popular attraction for tourists to visit.

Chew Jetty- This UNC Heritage site and experience a neighbor hood built on the water! The Chew Jetty was built on stilts above the ocean, and is still a thriving community today. Visiting the Jetty allows you to experience both history, and a lively Malay community.



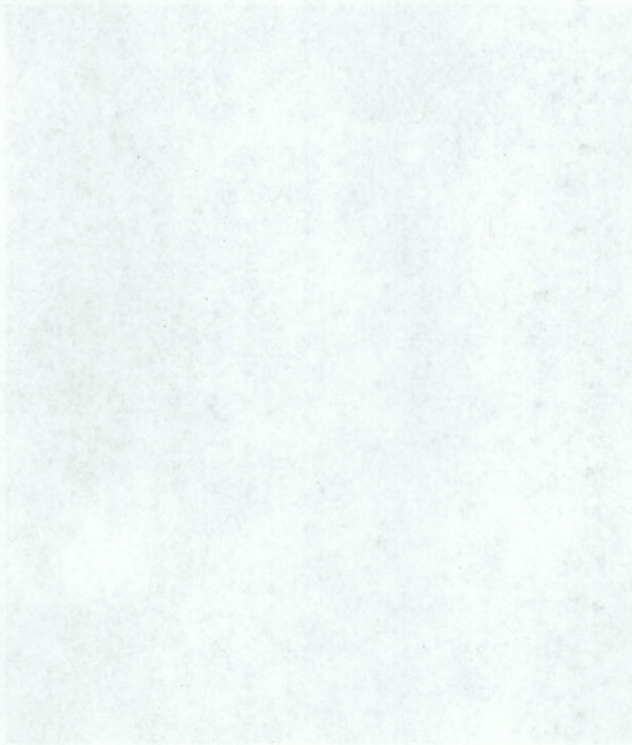
PENANG HILL

CHEW JETTY

(<http://www.penanghill.gov.my/index.php/site-to-see/attractions/chew-jetty.html>)

Learn More!

VISIT MALAYSIA (<https://www.tourism.gov.my>)



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Serenity in Singapore!

A Fine City!

POWERED BY

**NIGHT SAFARI**

(<https://www.wrs.com.sg/en/night-safari.html>)

SINGAPORE ZOO

(<https://www.wrs.com.sg/en/singapore-zoo.html>)

JURONG BIRD PARK

(<https://www.wrs.com.sg/en/jurong-bird-park.html>)

Unleash Your Wild Side

Singapore Zoo- One of the best known zoos in the world, the Singapore zoo allows visitors an experience of a lifetime. At this zoo animals like the Lemurs are freely allowed to roam the park, and there are several enclosures that visitors can enter to experience the animals up close. Around every bend there is a new experience which makes visiting the Singapore zoo an adventure in itself.

Night Safari- Dusk is just the beginning for many animals.

Experience the life of nocturnal animals through the Night Safari!

Watch an educational Creatures of the Night show to learn more about the animals that wake as most people go to sleep. Or take a ride through animal enclosures and learn more about conservation in Singapore while seeing the animals up close and personal!

Jurong Bird Park- Explore a park entirely dedicated to bird at the Jurong Bird Park. See penguins, parrots, toucans and more. This park features several different sections, each devoted to its own variety of avian species! You can even visit their Breeding and Research Center where they make forward progress on all things avian.

City with a View

Singapore Flyer- One of the largest observation decks in the world, the Singapore Flyer allows its passengers an exceptional view of the city. During its entire circuit breathtaking views of the ocean, the Gardens By the Bay, and the city itself can be seen.

Botanic Gardens- A UNESCO heritage site, the Botanic Gardens of Singapore are rich with history, and abounding with stunning vegetation. Visit these stunning gardens and find refreshment in this naturally astounding environment.



SINGAPORE FLYER

(<http://www.singaporeflyer.com>)

BOTANIC GARDENS

GARDENS BY THE BAY

(<http://www.gardensbythebay.com.sg/en.html>)

Gardens By the Bay- Featuring more stunning vegetation, the Gardens By the Bay are aptly named, for they sit directly on the water front. Their distinctive towers can be identified immediately, and they are just the start or the wonders to be found within these gardens.

**SENTOSA****MERLION**

(<https://www.sentosa.com.sg>) (<http://merlion.sentosa.com.sg/index.aspx>)

Adventure is Out There

Sentosa- What would a visit to Singapore be without venturing to the island of Sentosa? This beautiful island is conveniently located, mere minutes away from Singapore's most popular districts, yet feels like a place set apart. Sentosa is home to many attractions, including the Merlion, a legendary figure in Singapore.

Sentosa Merlion- Half fish, half lion, this creature is a part of Singaporean mythology. The creature is reputed to bring prosperity, but if nothing else climbing to the top of its statue can afford an incredible view!

Learn More!

VISIT SINGAPORE

(<http://www.visitsingapore.com/en/>)

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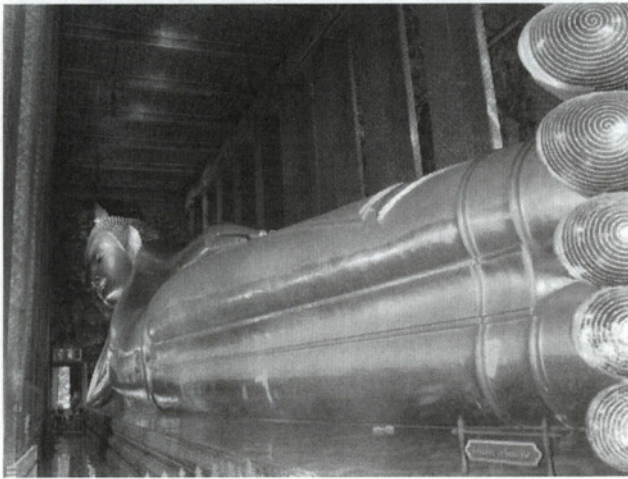
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Travel to Thailand!

Adventure Awaits!

POWERED BY



The Role of Religion

One can find many religions represented throughout the country of Thailand, but none is more celebrated than Buddhism. Thailand is highly populated and highly famous for countless temples one can visit. One of the most known temples around the world, the Temple of the Reclining Buddha is a remarkable example of reverence that is placed on Buddhism in the region. Buddha can be found on magnificent display at countless temples that boast honor and prestige throughout the country. Also known as "Wat Pho," this one of a kind structure showcases Buddha, plated in gold, lounging on his side for over 150 feet. Tourists and faithful servants have the opportunity to visit and walk along his side and pay respects throughout the bold and beautifully decorated temple.

A Culture of Caring

With so many citizens and visitors all in one place together, it is a must that people take care of one another. With a balance of private and public hospitals, Thailand seeks to care for anyone and everyone.

Bumrungrad International Hospital employs a diverse field of medical professionals and staff members while borrowing design features from cultures around the world. This is a unique facility, an international bridge of care that allows visitors from around the world to feel at home and be welcomed as family.

People and cultures continue to connect and share in their communities; with limited resources sharing is caring.

BUMRUNGRAD INTERNATIONAL

(<https://www.bumrungrad.com>)



Shop 'til You Drop

Thailand is well known for endless isles of shops that line the streets and marketplaces. One can find incredibly colorful stations with fresh local produce native to Thailand. Try new produce that



taste and look like nothing you've seen before, such as rambutan, lychee, and longan or even the notorious durian fruit.

Markets and shops make up much of the local economy for locals that have expertise in farming, woodworking, butchering, art, and textiles. Tourists can find gifts of all shapes and sizes for nearly any interest. It is very common to find these skilled crafters and artists performing their trades on-site to show how items are made or produced.

One notable experience that visitors enjoy is taking a boat ride through the "floating markets" that rest atop the waters within nearby villages. Step into the unknown and let a local guide you through the shops by canoe while you stop at various stations to walk along the boardwalk and bridges where even more craftsmanship is on display!

Beautiful Creatures

Everyone Loves Animals Right?

Of course, when tourism is one of the strongest industries of your country, zoos, wilderness walks, aquariums, safari tours allow you to engage in exciting adventures!

At Sriracha Tiger Zoo, one can see animals big and tall, sleek and small, some that are common and others that are rare. Get up close and personal with the koalas resting on low hanging branches. Watch as they relax and nibble on their diet of eucalyptus leaves.

Take a chance to feed a baby tiger by the bottle in the nursery. Run your fingers along the fur coat of the toddler tiger and appreciate the beauty of this vibrant and lively cub.

Don't leave Thailand without visiting the elephants! At some locations, you have the opportunity to ride an elephant or enjoy a daring display of elephant extravaganza. These highly trained and intelligent animals perform tricks and stunts of giant proportions!



SRIRACHA TIGER ZOO

(<http://www.tigerzoo.com/eng/>)

Learn More!

VISIT THAILAND

(<http://na.tourismthailand.org/home>)

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Student Stories

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Meet the Students of the Field Study

Meet: Jessica Beckman

Major: Speech Language Pathology

Year of Attendance of Field Study: 2015

Class Rank: Junior



What do you remember about the people?

I remember the people in other countries kept to themselves and were quiet. They appeared to want to not let their presence intrude on someone else's life; like a mindfulness of others. I thought that was very respectful and was a stark contrast to our loud and boisterous group of American college kids. Some of the people I met on the trip were some of the kindest and

funniest people. It's crazy to me that it took going around the world to meet these fellow BSU students, but I'm glad our paths crossed.

What are your major takeaways from the trip?

My major takeaways from the trip were that there are countries all over the world living vastly different ways than our own and in some ways they are worse off but in many ways they are just as successful or even more well off because of it. People outside of the USA seem to live in a world with much more respect for each other than we seem to have for others. I think my major takeaway was that I learned how wonderful our country is but also how much we still have to learn.

Meet: Carly Spirto

Major: Nutrition and Dietetics

Year of Attendance of Field Study: 2017

Class Rank: Senior

What was your most exciting experience?

The most exciting part of the trip was swimming in the massive waterfall in Malaysia. There is something very freeing about giving in to nature's power. I almost

felt like I was going to be pulled away by the water, which was very thrilling. At the same time, it was refreshing and ultimately enjoyable after a long day on the bus traveling.

Is there anything you wish you would have known before you left for the trip?

Once you start traveling the World and opening yourself up to new people and places, your perspective will change. You might return to the U.S. and yearn for another place or big adventure, but this is part of the beauty of seeing the World.



Meet: Mickala Ritter



Major: Nutrition and Dietetics

Year of Attendance of Field Study: 2015

Class Rank the year of attendance in Field Study: Junior

What was your most exciting experience?

My most exciting experience had to be when we were on the wine tour in Australia and we spotted a wild kangaroo hopping through the vineyards! We all freaked out because we had only seen them at the zoos before.

What is one of your fondest memories of the trip?

I went on the trip not knowing anyone and I made a really great friend who I still stay in touch with today. She was a nursing major and I do not think we would have ever crossed paths without this trip! I also LOVED the Blue Mountains in Australia and that is the one place out of the entire trip that I for sure 100% want to go back to just to take it all in again.

Meet: Kailey Adkins

Major: Nutrition and Dietetics

Year of Attendance of Field Study: 2017

Class Rank: Senior

How do you think the trip influenced / shaped you personally? Professionally?

I have moved around the US my whole life because of my Dad being in the military so traveling and meeting new and different people is something I enjoy. I loved getting to be outside of the US and for 3 of the 4 countries being in cultures vastly different from our own. I have an even greater



respect of people who travel abroad.

What was your most exciting experience?

Going to the Eastern Medicine hospital and getting acupuncture was pretty exciting. I am terrified of needles and nearly passed out, but it was a neat thing to experience and actually helped my headache again.

Meet: Caroline Grasso

Major: Nursing

Year of Attendance of Field Study: 2017

Class Rank: Senior

**What are your major takeaways from the trip?**

I learned so much about myself while being on this trip. But the one thing that I took away from it was to travel the world as a human and not an American. There are so many different places out there than just our own world in America. And if you are going to want to travel more, we need to learn to accept/try new things to get the best experience.

Did anything inspire you?

When we were in Australia, we met up with a Ball State Graduate when we went to

Scenic World in the Blue Mountains. He just did a really good job at explaining life in general. Not to make stupid decisions, but also not to let yourself get caught up in your own life and give yourself time to go out and do things out of your comfort zone; like traveling around the world!

Meet: Dina Choucair

Major: Nutrition and Dietetics

Year of Attendance of Field Study: 2017

Class Rank: Senior

Looking back, do you believe the experience to have been worth going on; why?

Absolutely. To this day, this has been the most exciting event in my life. I was able to travel all around Asia-Pacific and be amongst so many different cultures and people. I got to live some different lives and it made me ask more and more questions. This is leading me to want to travel around more and experience more. Nothing will be as easy and organized as this trip was, but it sure was a great platform to base all my future trips on.



What is your favorite story from the trip?

When we were in Singapore, we got to go to this night safari and zoo. It was an enormous zoo, but there was so much to see. At night, the entire class went to see a show with all the nighttime creatures. The speaker asked for a volunteer and our good friend raised his hand. Our entire class started pointing to him and he was chosen. Minutes later, he reappeared holding a snake. This was one of the funniest, most heart soothing experience because the look on his face said it all. Our entire class was laughing and enjoying this because we all knew how timid Kyle was.

Meet: Emily O'Lena



Major: Geography

Year of Attendance of Field Study: 2017

Class Rank: Junior

What is one of your fondest memories of the trip?

Walking around Thailand at night and going to the night markets is a really fond memory of mine. It felt like I was in a different world and the energy was much more calm than in America. Seeing the Sydney Harbor Bridge is also an incredible memory that I have. Pictures don't do it justice.

If you could go back, where would you go and why?

I would go back to Thailand because it was the most different from the U.S. I feel that I learned the most about other ways of life in Thailand. I would also go back to Malaysia because I loved the diversity and food there.

Meet: Jonathan Isbill

Major: Nutrition and Dietetics

Year of Attendance of Field Study: Summer 2016

Class Rank: Sophomore

Did anything inspire you?

The entire trip was inspirational, every single second felt like a breath of fresh air. I had no idea how our experiences would shape my passions and my career. I now walk my life with a fresh lens to see the differences of equity and equality between a variety of cultures. As someone interested in global agriculture and global health, it was so exciting to walk through fields and plains of food systems known around the world. I believe food connects us all, and I was able to see a whole new side of our global food systems.



What are your major takeaways from the trip?

While we were exposed to both local and national economies, it is fascinating to consider the incredibly different lives that people live even though they can live so close together at times. We see the same thing back home, but is often shadowed by it simply being part of our everyday lives. This trip really helped me, and many of the other students, begin to see the world outside of my scope that typically stays focused on just the United States. There are beautiful places and wonderful people that surround every this globe; the more we know the more we can appreciate!

Meet: Toni Stoermann

Major: Nutrition and Dietetics

Year of Attendance of Field Study: 2017

Class Rank: Senior

What was your most exciting experience?

In Thailand there are marketplaces everywhere. They are along the riverbanks and shoved into alleyways. One of the most memorable markets was placed precariously on a Thai railway. Dr. Jay had warned us to get back to a small shop



tucked into the ally way before the train came, and we were set loose to explore. Three of us had walked a decent way down the tracks, when suddenly a loud alarm blazed and a man began urgently speaking Thai over a loudspeaker. The train was coming.

What was your favorite place?

Sydney Australia is, without a doubt, my favorite city I've ever been in. It is also the city that convinced me I would prefer not to live in a city. It's hard to describe Sydney to an American because in many ways it is like a western city, but at the same time it's not like our cities. The whole city is more laid back, even walking through the business district you never felt rushed. It felt like a place where families belonged, and where they were. It also felt safe. You could walk clear across Sydney and not feel threatened once even if all you had was a map and no way to contact people. And that's what we did too!

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Destination Exploration: Picture Gallery

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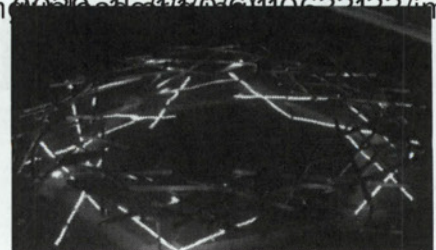
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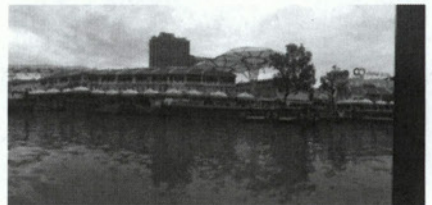
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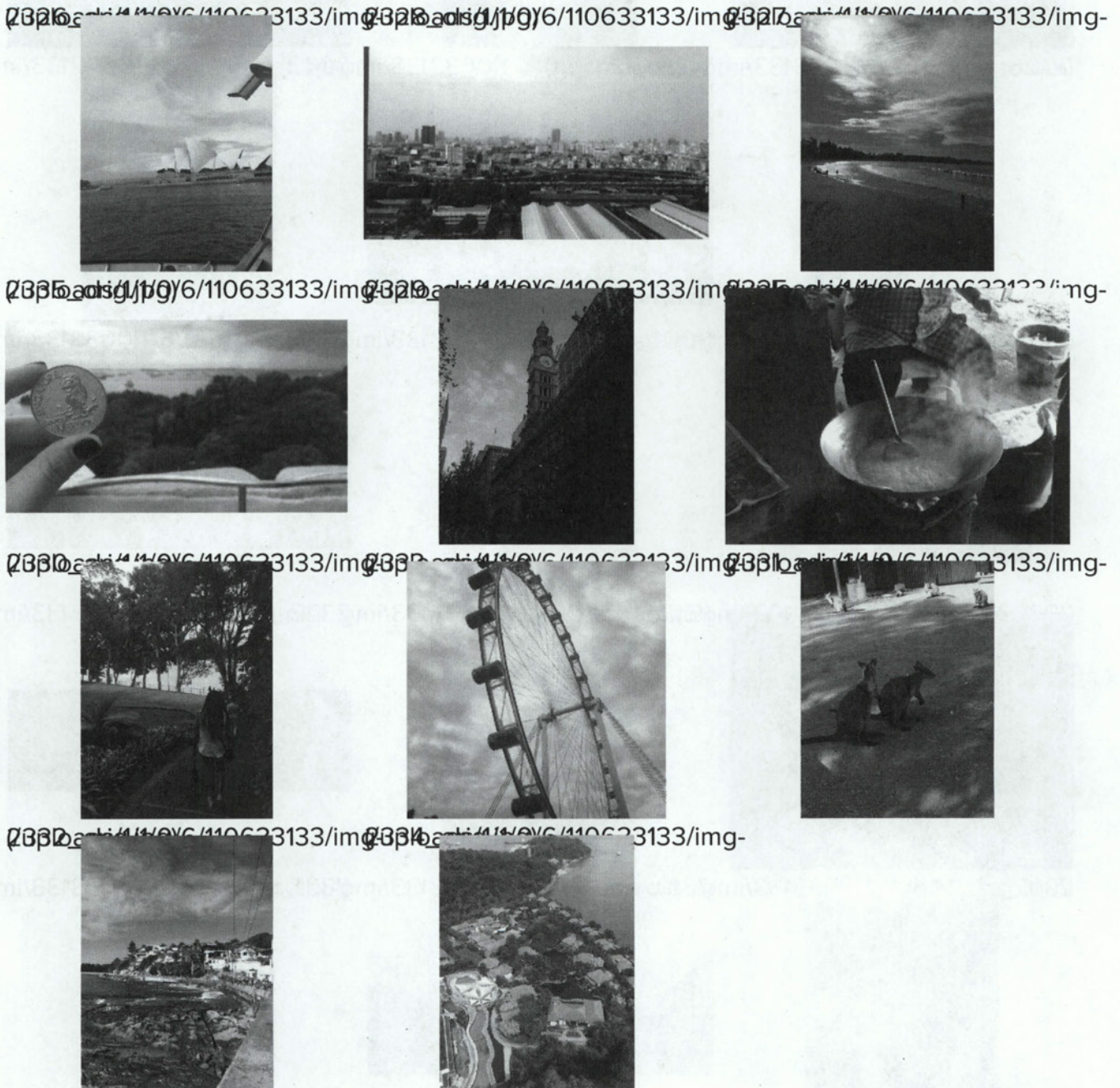


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Meet the Director

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Dr. Jay Kandiah

Associate Dean For Academic Affairs, Interim Chair Of The Department Of Nutrition And Health Science, and Professor of Nutrition at Ball State University

Areas of Expertise: Pediatrics, Medical Nutrition Therapy, Complementary and Alternative Medicine, Behavioral Research, Wellness and Public Health of Target Populations

Dr. Jay Kandiah has been known to wear many hats in her professional career, performing a variety of roles for the university, yet her love for students stands above all. It is her desire to help care for and grow students that drives her diligent work at Ball State University. She has collaborated on several international projects, and continues to build upon these global relationships to help develop future opportunities for her students year after year. One such opportunity she has persistently provided for students is known as the Asia-Pacific Field Study, a life-changing educational experience that she leads each summer, traveling throughout Singapore, Thailand, Australia, and Malaysia over the course of five weeks of immersive learning. Now in its 18th consecutive year of enrollment, Dr. Jay Kandiah has touched the lives of hundreds of students in a unique way, leading them around the world, striving to point them in the direction of their dreams.

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Ball State's Immersive Learning Experience

Ball State's Immersive Learning Experience (from the BSU web page- Summer Field Activities)

The immersive learning experience is the signature element of Ball State's "Education Redefined" initiative. Immersive learning is an intense learning and developmental activity that requires a student to progress well beyond merely learning to realize the intention and goal of education. The immersive learning experience is designed to bridge content knowledge, skill of application, societal need, and life-long learning. The citizen of the 21st century needs qualities and competencies not easily developed in a traditional teacher-centered classroom: the ability to work in multidisciplinary teams; an appreciation for an array of cultures; an understanding of diverse and changing societies. At Ball State, we create an educational experience that engages the whole person and fosters professional competence relevant for a lifetime of careers. Ball State's immersive learning experiences shift much of the responsibility of learning to the student. Stretching students through creative rather than directed inquiry, these experiences develop the ability to synthesize and problem solve. Students are required to work collaboratively in teams that are both multifunctional and multidisciplinary. Immersive learning experiences require students to manifest their learning in a tangible outcome that lives on and has utility beyond the duration of the experience itself. Through such transformative experiences students should

better understand societal issues in global, local, economic, or environmental contexts. To achieve these goals, immersive learning experiences at Ball State have most or all of the following characteristics:

- Carry academic credit
- Engage participants in an active learning process that is student-driven, but guided by a faculty mentor
- Produce a tangible outcome or product, such as a business plan, policy recommendation, book, play, or DVD
- Involve a team of students, often working on a project that is interdisciplinary in nature
- Include a community partner(s) and create an impact on the larger community as well as on the student participants
- Focus on student learning outcomes
- Help students define a career path or make connections to a profession or industry

LEARN MORE: IMMERSIVE LEARNING

(<https://cms.bsue.edu/about/administrativeoffices/entrepreneurial-learning/immersive-learning>)

LEARN MORE: SUMMER FIELD OPPORTUNITIES

"ASIA PACIFIC FIELD STUDY"^(/)

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TALK

** INDICATES REQUIRED FIELD*

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Questions or Comments about the Field Study? Let Us know!

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COMMENT *

- More information on The Asia Pacific Field Study
- More information on other Ball State University Study Abroad Programs
- More Information on the places visited
- Information on the 2017 participants
- Information on the start of the Asia Pacific Field Study Program

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If you would like more information on these, or any other topics, email the site developers at:

Jonathan Isbill: jisbill@bsu.edu

(<mailto:jisbill@bsu.edu>)

Toni Stoermann: tlstoermann@bsu.edu

(<mailto:tlstoermann@bsu.edu>)